

**XXX CONGRESSO NAZIONALE**

**SIAAIC**

Società Italiana di Allergologia,  
Asma ed Immunologia Clinica



Scienze e Lettere - Accademia Nazionale dei Lincei



**FIRENZE 6/9 APRILE 2017 | [WWW.SIAAIC2017.ORG](http://WWW.SIAAIC2017.ORG)**



# Agenti Biologici nell'Asma Eosinofilico

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CENTRO INTERDIPARTIMENTALE DI RICERCA IN  
SCIENZE IMMUNOLOGICHE DI BASE E CLINICHE

**Gilda Varricchi, MD, PhD**

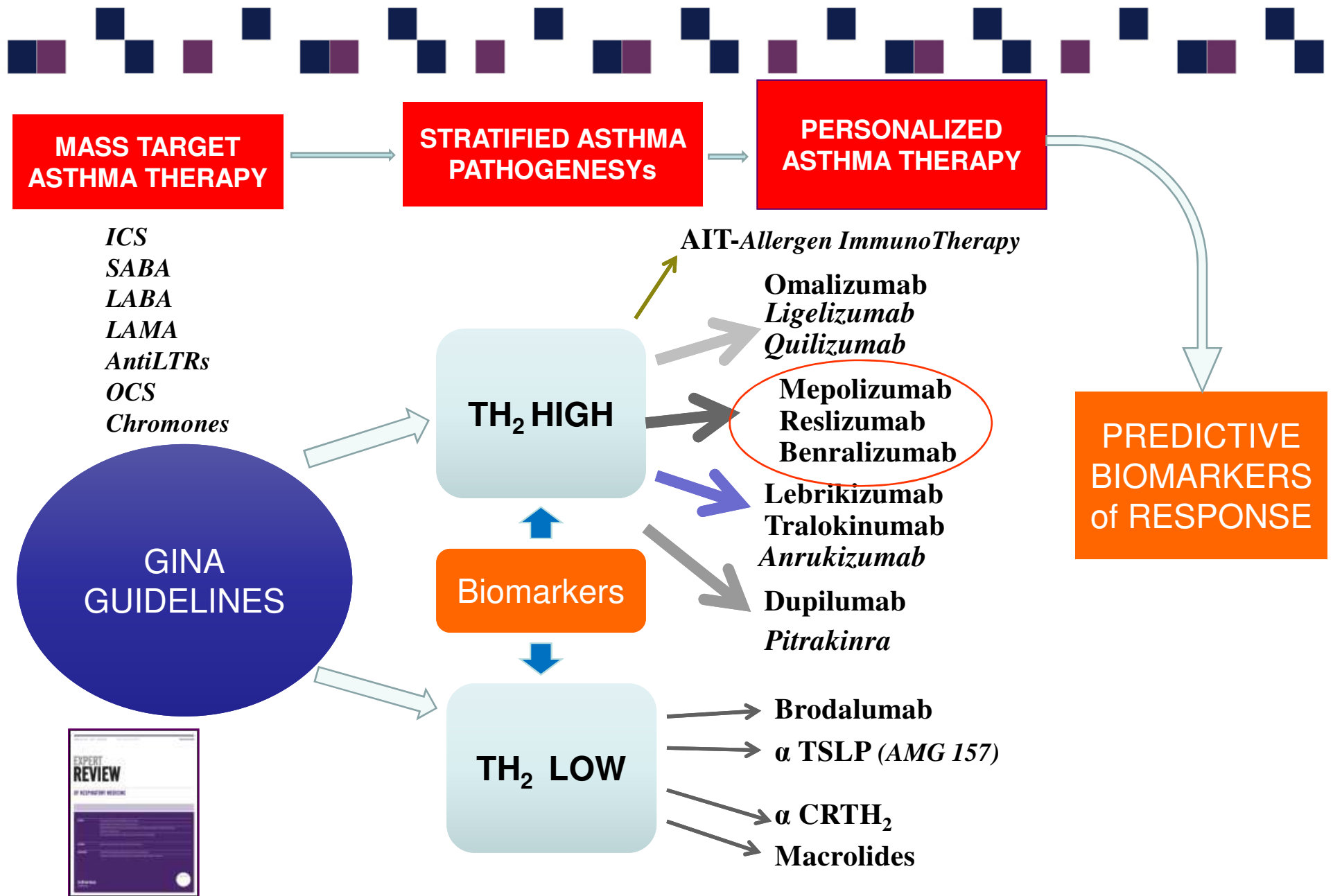
*Department of Translational Medical Science*

*and*

*Center for Basic and Clinical Immunology Research (CISI)*

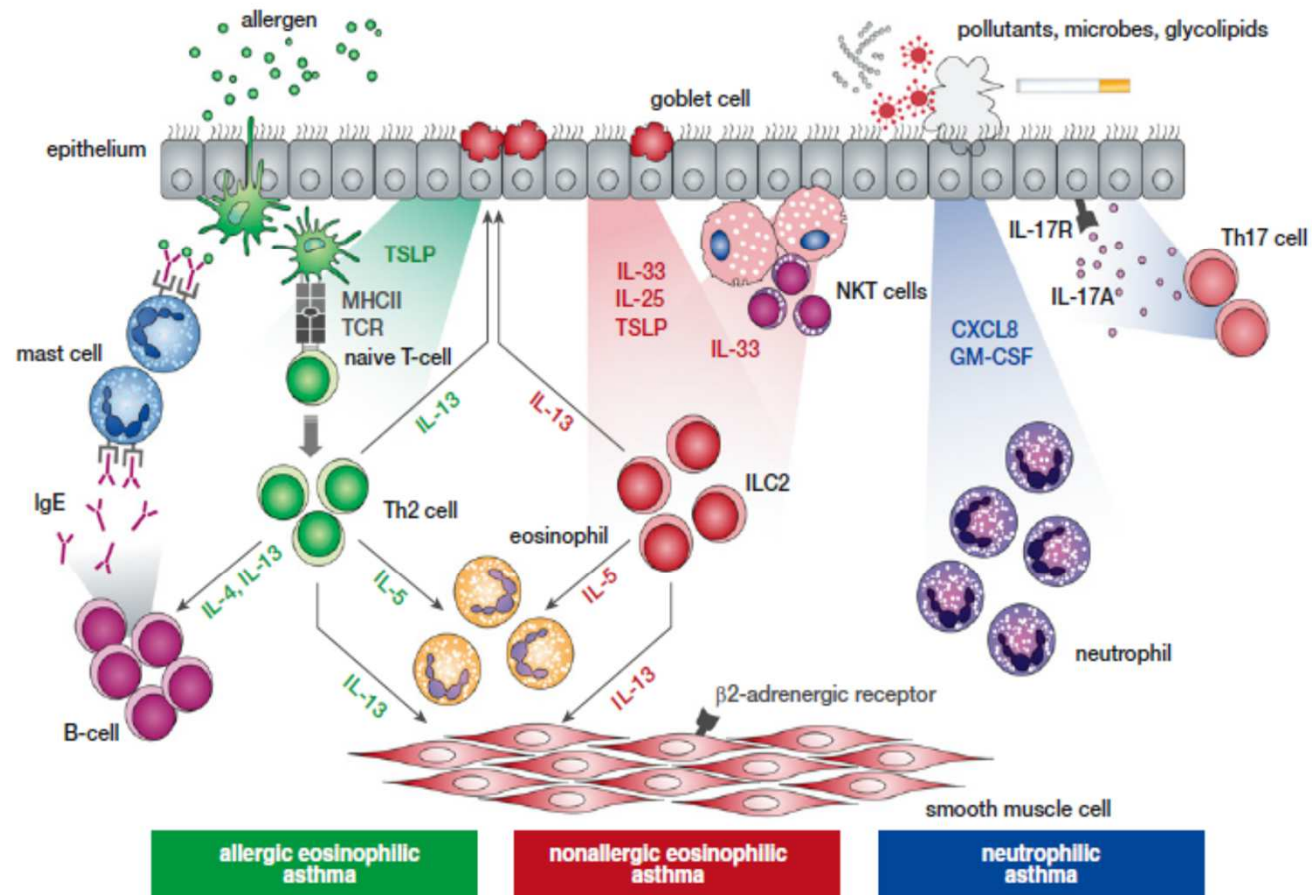
*University of Naples Federico II*






Bagnasco *et al.* Exp. Rev. Resp. Med. 2016;10:957-65

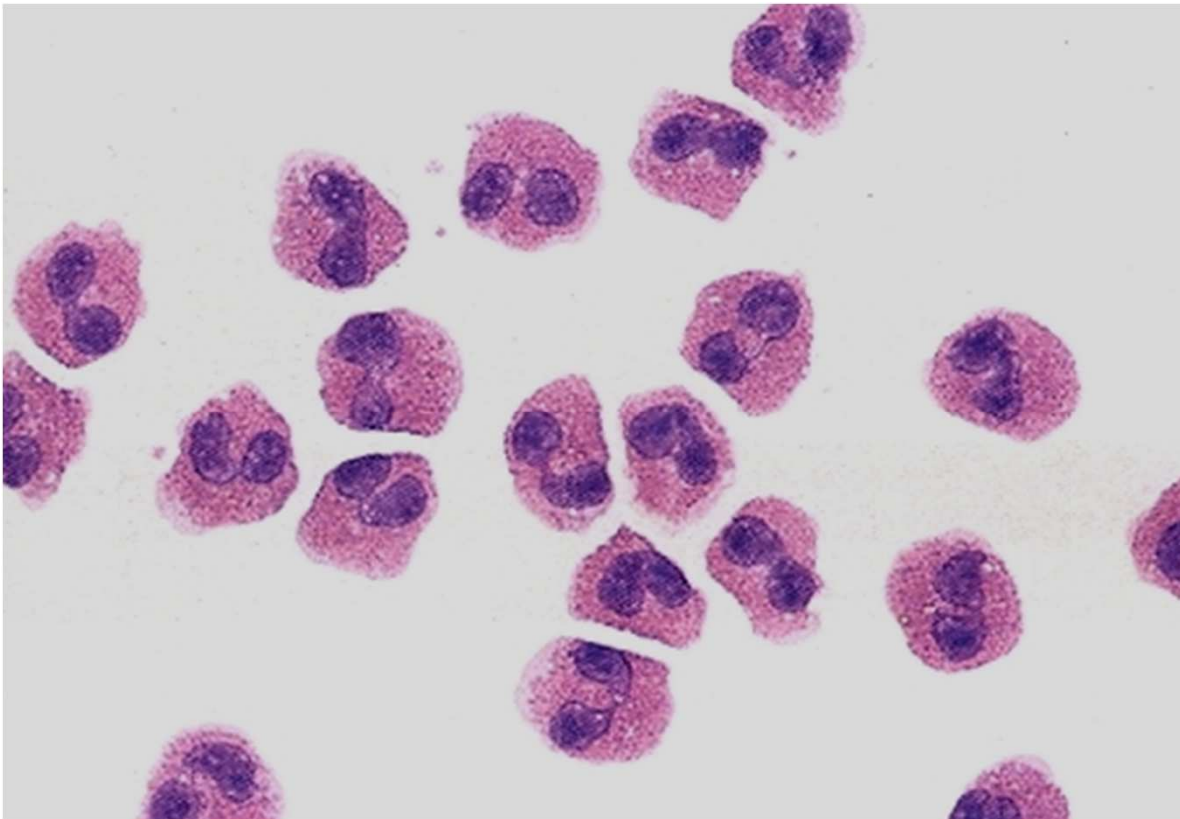




Brussel and Bracke, Ann. Am. Thorac. Soc. 2014;11:s322

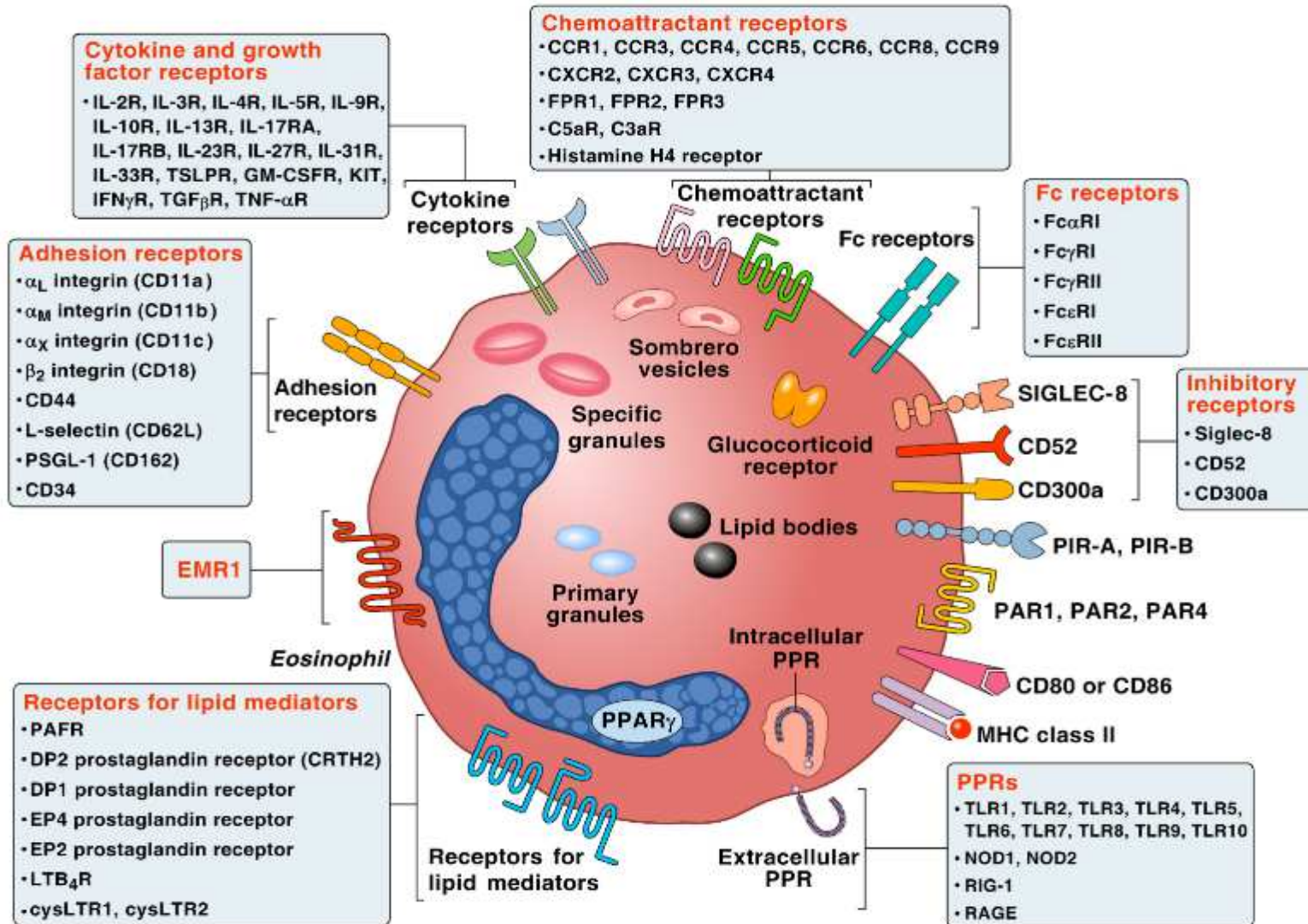


**Eosinophils: 1-2% of leukocytes  
< 350 cells/mm<sup>3</sup>**



**Paul Ehrlich Nobel Prize in 1908**  
*“in recognition of his work on  
immunity”*





Varricchi *et al.*, *Curr. Opin. Allergy Clin. Immunol.* 2016;16:186-200

### Specific granules contents

- Cationic proteins:  
ECP, MBP, EDN, EPX
- Chemokines:  
CCL5 / RANTES, CCL11 / Eotaxin, CCL13 / MCP-4, CXCL1 / GRO- $\alpha$ , SCF
- Cytokines:  
GM-CSF, IL-2, IL-4, IL-5, IL-6, IL-10, IL-12, IL-13, IFN $\gamma$ , TNF- $\alpha$
- Angiogenic factors:  
VEGF-A, VEGF-B

### Other eosinophil products

- Chemokines:  
CCL3 / MIP-1 $\alpha$ , CCL17 / TARC, CCL22 / MDC, CCL23 / MIPF-1, CXCL5 / ENA-78, CXCL8 / IL-8, CXCL9 / MIG, CXCL10 / IP10, CXCL11 / I-MAC
- Cytokines:  
APRIL, IL-1 $\alpha$ , IL-1 $\beta$ , IL-3, IL-11, IL-16, IL-17, IL-17E / IL-25
- Growth factors:  
NGF, PDGF- $\beta$ , TGF- $\alpha$ , TGF- $\beta$

### Lipid body contents

- Leukotrienes (LTC $_4$ , LTE $_4$ , LTD $_4$ )
- Thromboxane B $_2$
- Prostaglandins (PGE $_1$ , PGE $_2$ )
- 15-HETE
- PAF

### Piecemeal degranulation

### Eosinophil extracellular DNA traps

### Exosomes

### Sombrero vesicles

### Primary granules

### Specific granules

### Eosinophil

### Allergic inflammation

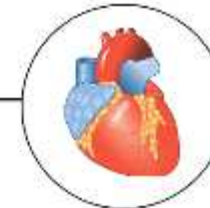
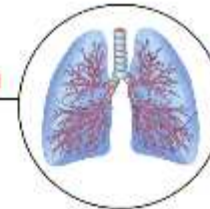
Eosinophil granule proteins, IL-5, IL-4, IL-13

### Fibrosis

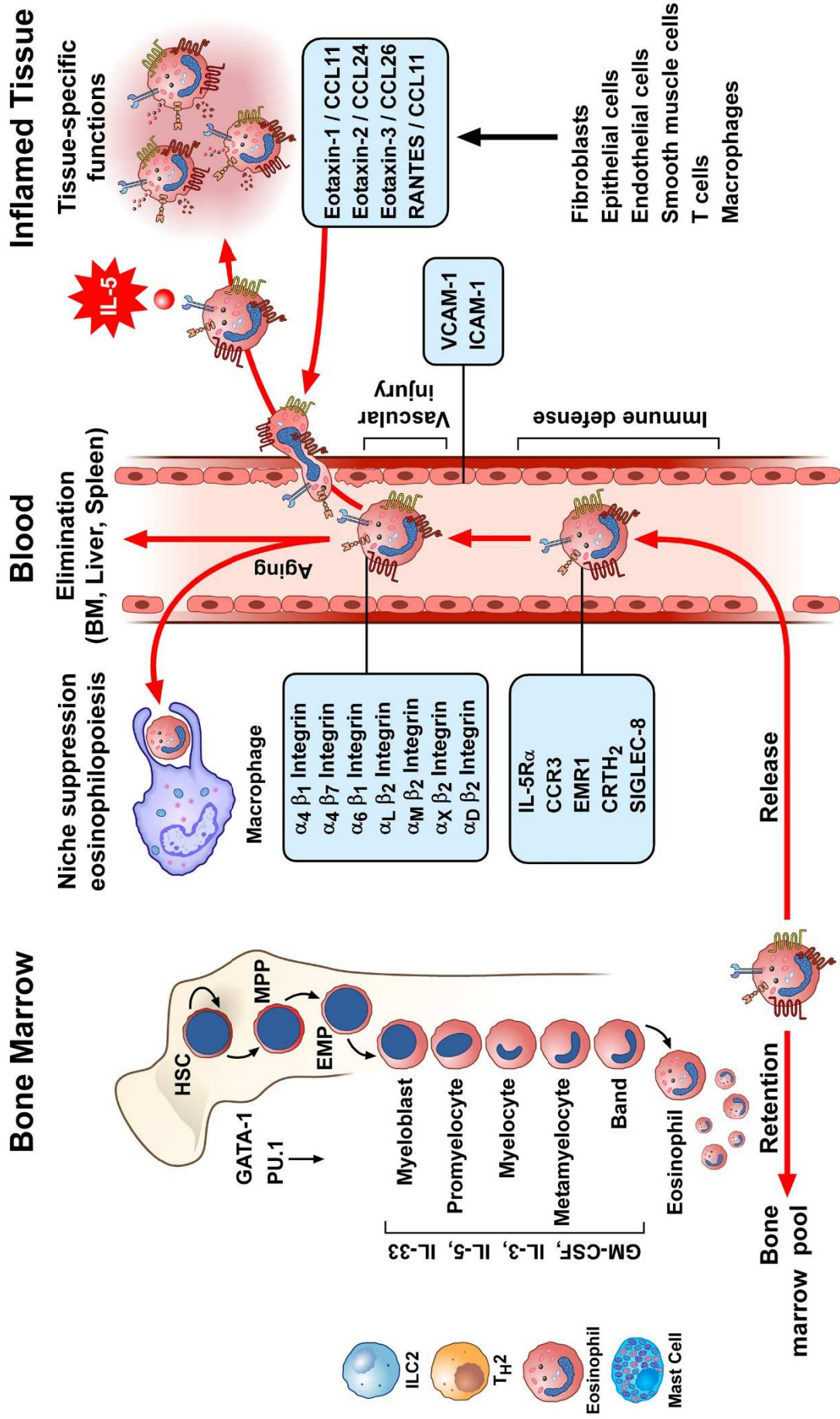
ECP, MBP, TGF- $\beta$ , IL-1

### Thrombosis

TF, MBP, EPX



# Life - Cycle Model of Eosinophils





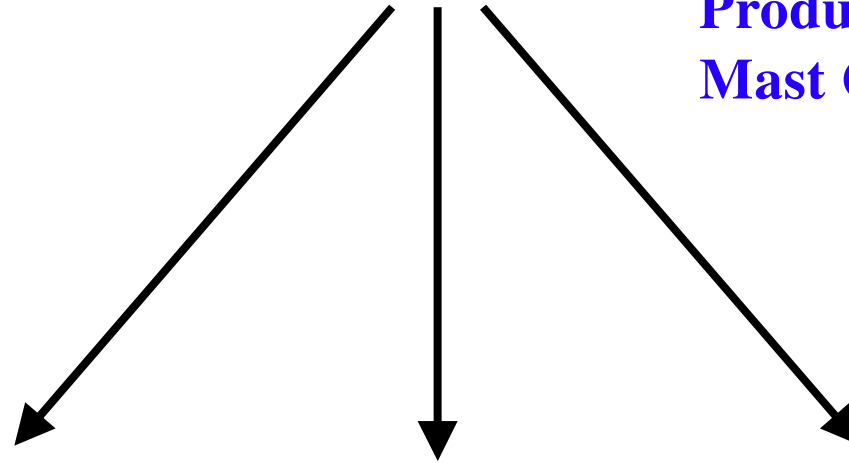


**Central Role of IL-5 in Human Eosinophil Growth, Differentiation,  
Survival and Apoptosis**

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**IL-5**

**Produced by T Cells, ILC2,  
Mast Cells and Eosinophils**



**Induces  
Eosinophil  
Differentiation  
and Maturation**

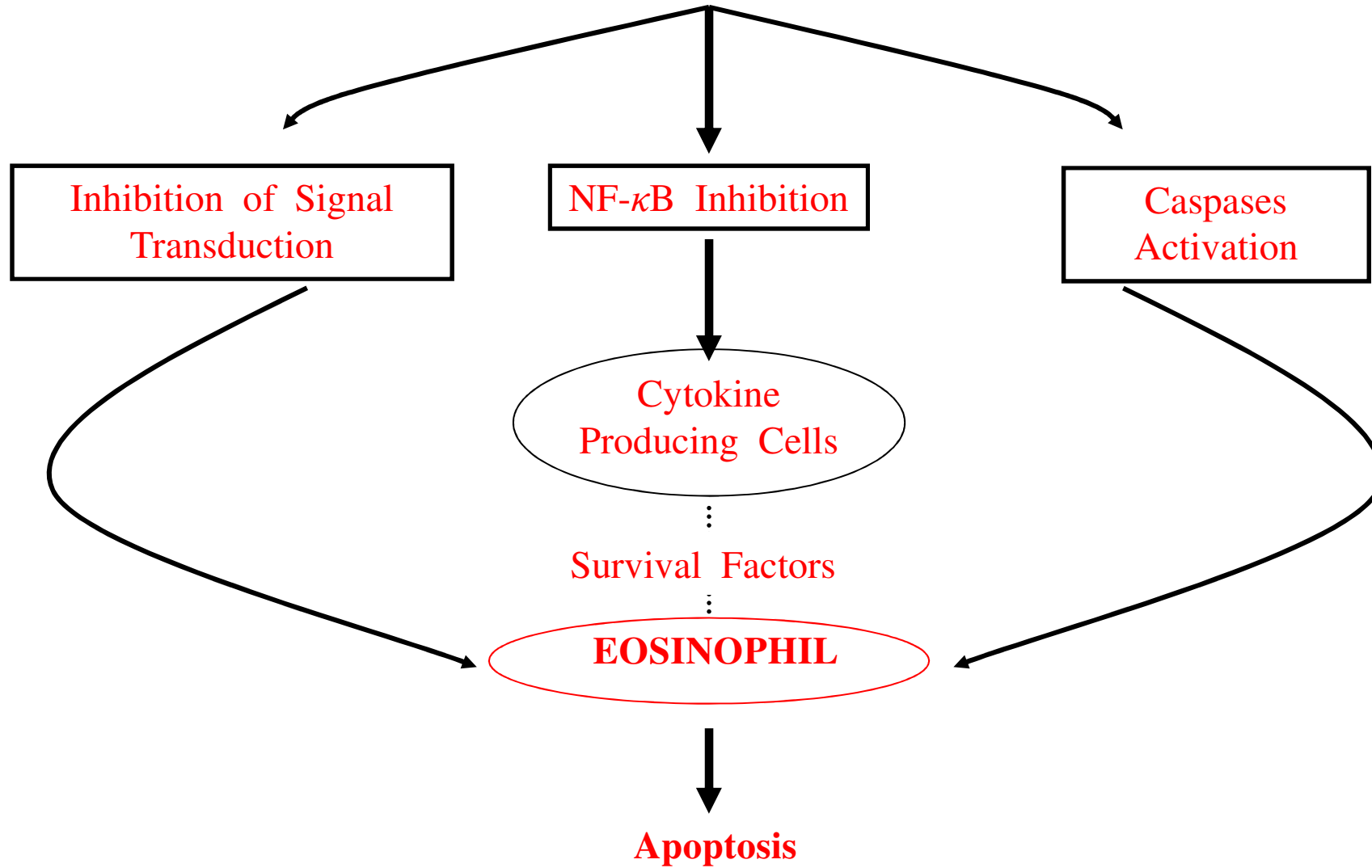
**Increases  
Eosinophil Survival  
at Sites of  
Inflammation**

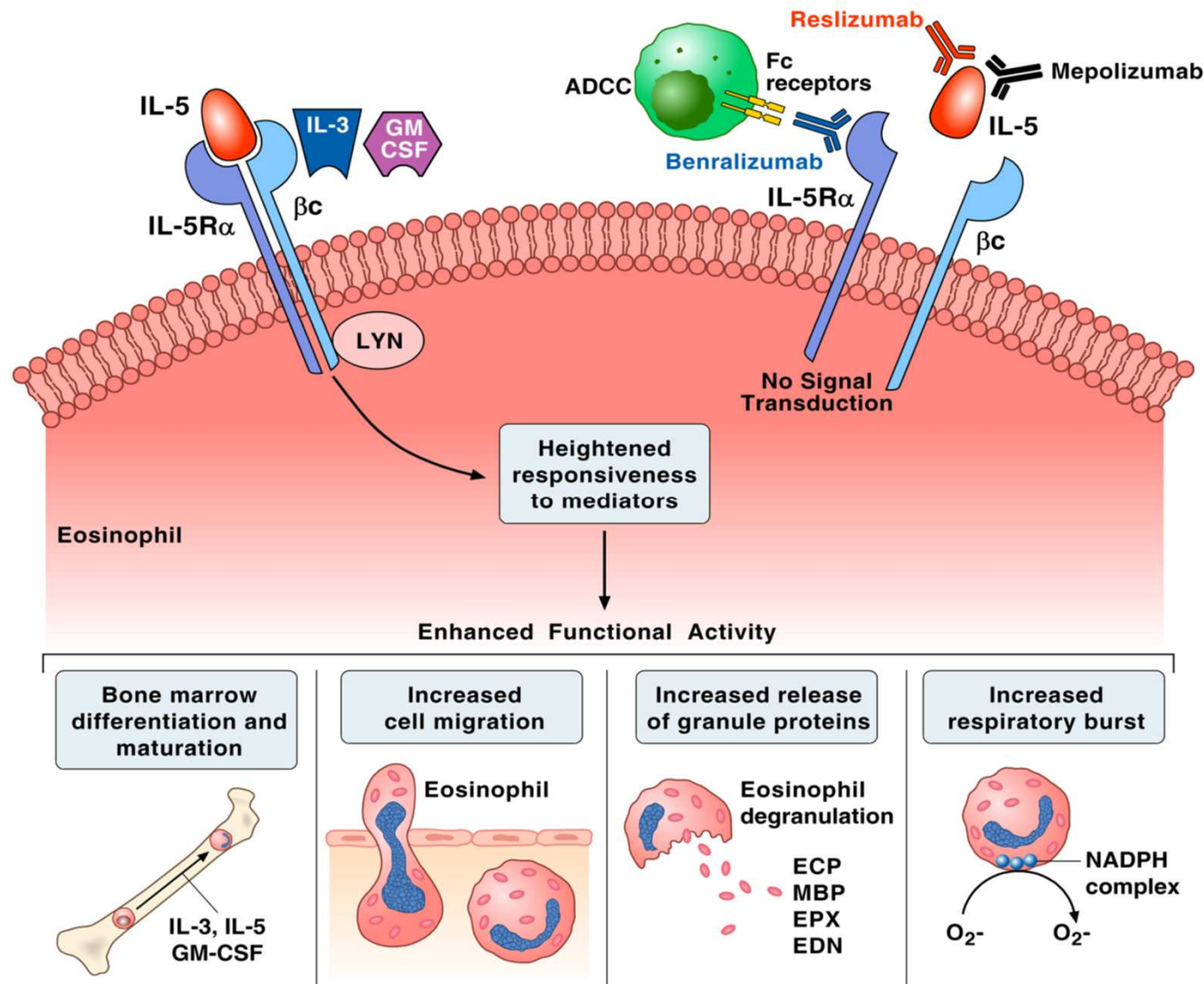
**Inhibits Eosinophil  
Apoptosis**



# Effects of Glucocorticoids in Eosinophilic Inflammation

## Glucocorticoids





Varricchi *et al.*, *Curr. Opin. Allergy Clin. Immunol.* 2016;16:186-200



## Anti-IL-5 and Anti-IL-5R $\alpha$ MoAbs

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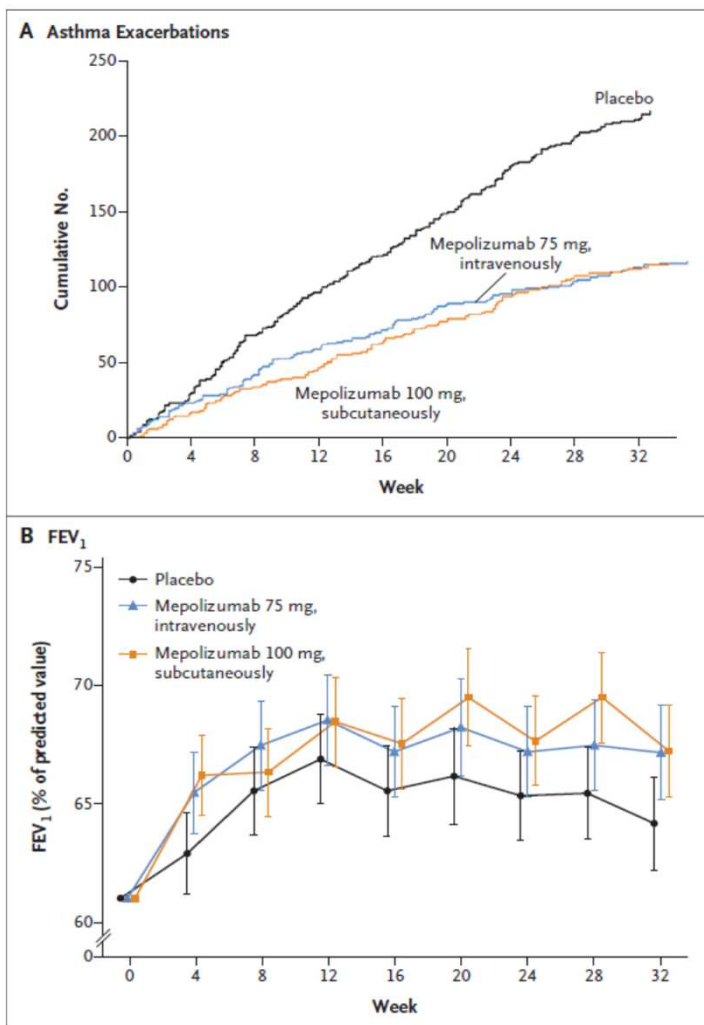
MoAb	Target	Mode of Action	Recent Results
Mepolizumab	IL-5	Neutralizing MoAb IgG <sub>1</sub>	<u>Reduction of blood and sputum eosinophils.</u> Reduction of exacerbations in EA
Reslizumab	IL-5	Neutralizing MoAb IgG <sub>4/k</sub>	<u>Reduction of blood and sputum eosinophils.</u> Reduction of exacerbations in EA
Benralizumab	IL-5R $\alpha$	Cytotoxic MoAb IgG <sub>1/k</sub>	<u>Reduction of blood and sputum eosinophils and basophils.</u> Reduction of exacerbations in EA

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**EA: Eosinophilic Asthma**



# Mepolizumab Treatment in Adult Patients with Severe Eosinophilic Asthma



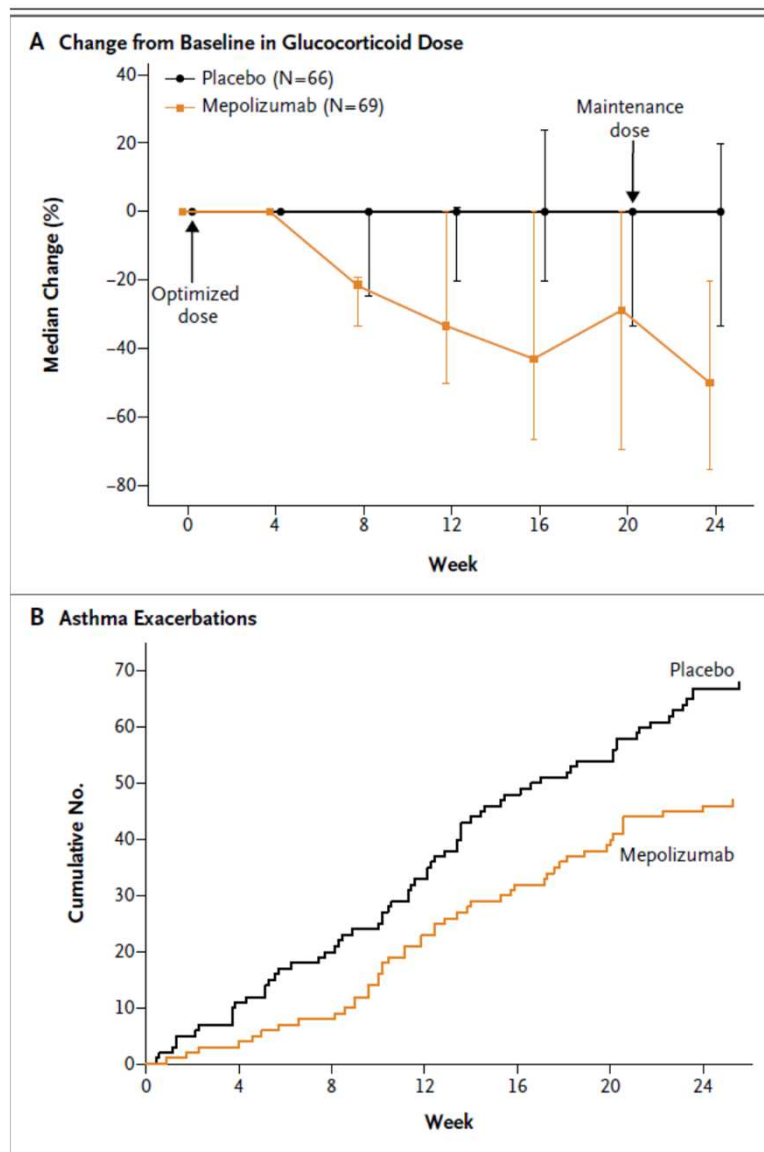
## MENSA STUDY

576 patients with recurrent asthma exacerbations and evidence of eosinophilic inflammation despite high dose of inhaled corticosteroids.

Mepolizumab (75 mg i.v. or 100 mg s.c. every 4 weeks for 32 weeks) reduced blood and sputum eosinophils and exacerbations. Improvement of asthma symptoms.

Ortega *et al.*, N. Engl. J. Med. 2014;371: 1198-1207

## Oral Glucocorticoid-Sparing Effect of Mepolizumab in Eosinophilic Asthma

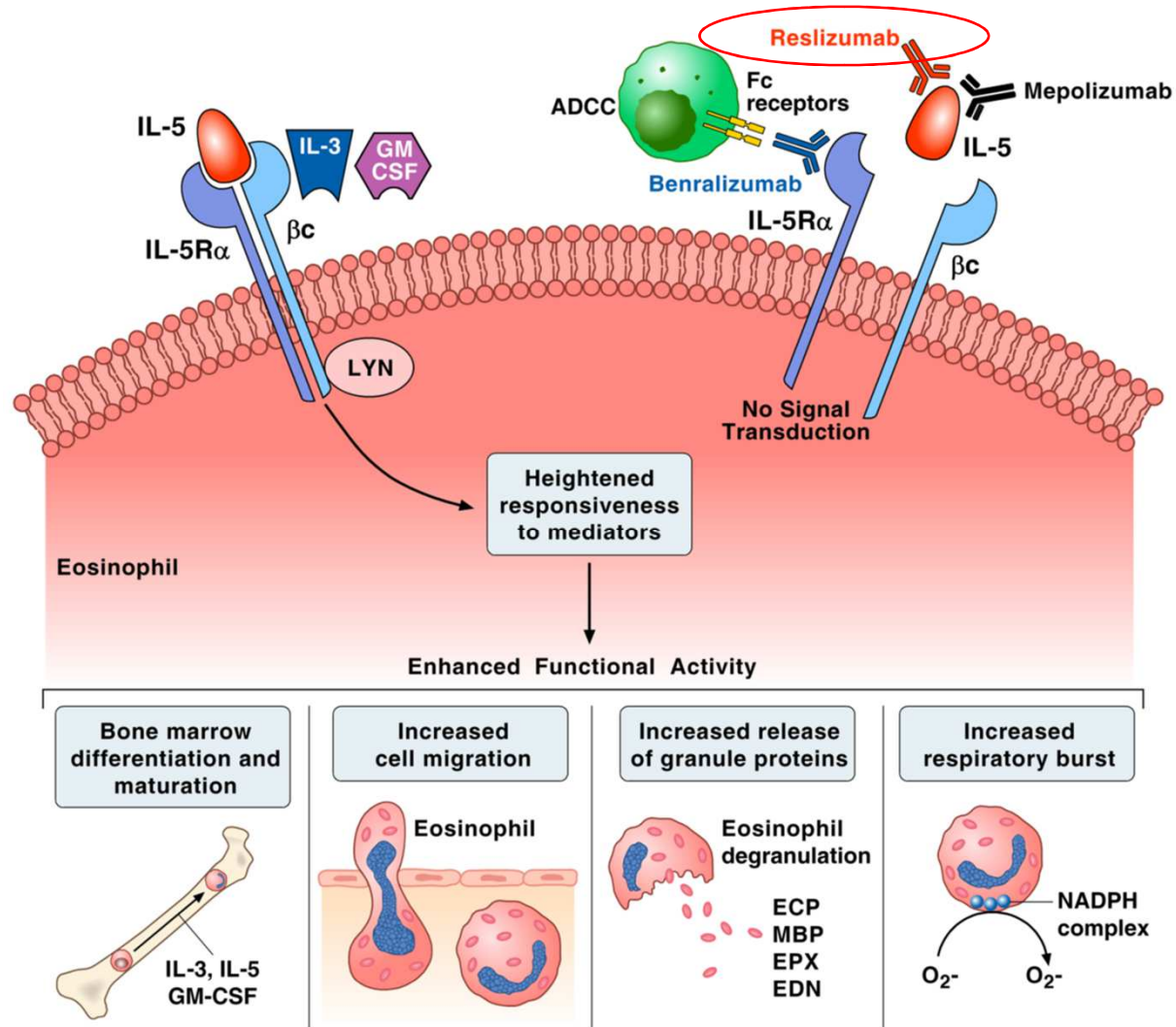


### SIRIUS STUDY

135 patients with severe eosinophilic asthma.

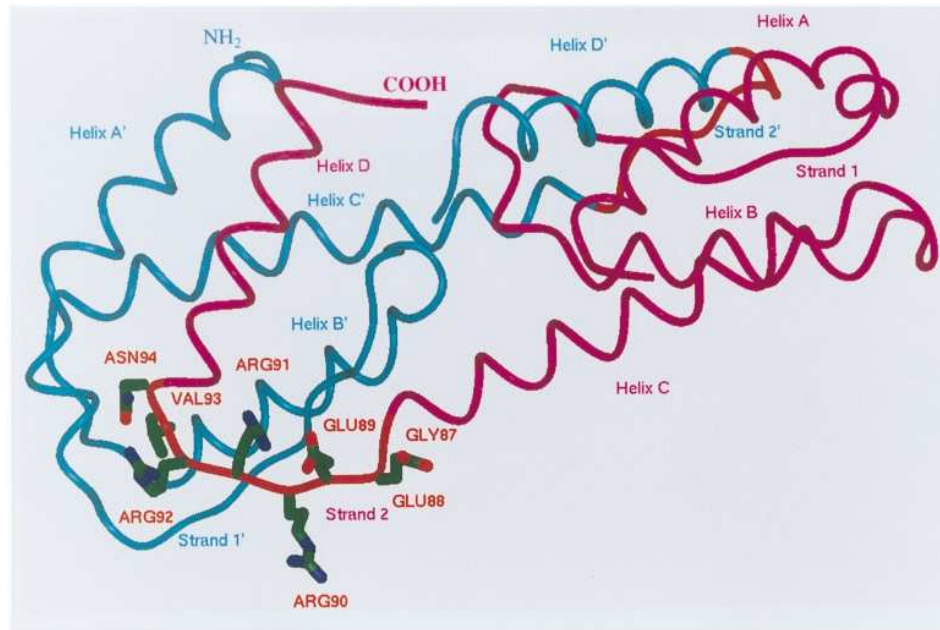
Mepolizumab (100 mg s.c. every 4 weeks for 8 months) had a significant glucocorticoid sparing effect, reduced exacerbations, blood eosinophilia and improved FEV<sub>1</sub> and QoL.

Bel *et al.*, N. Engl. J. Med. 2014;371:1189-1197



Varricchi *et al.*, *Curr. Opin. Allergy Clin. Immunol.* 2016;16:186-200

# Structure of IL-5 by X-ray Crystallography



Human IL-5 has a dimeric core and two four-helix bundles formed by two identical polypeptide chains joined covalently by disulfide bonds.

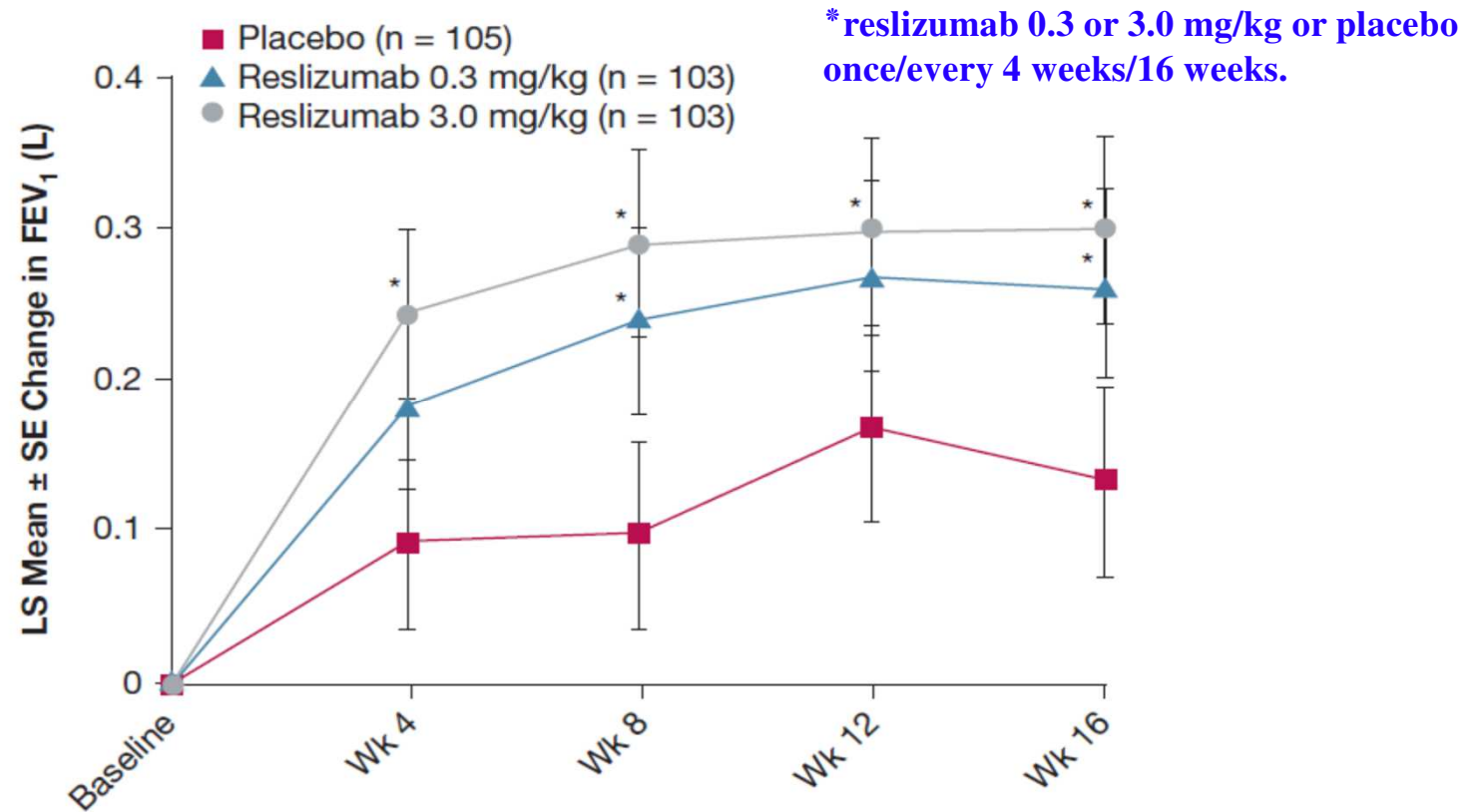
Reslizumab binds to amino acids 89-93 of IL-5 occupying a region essential for its interaction with IL-5R $\alpha$ .

Zhang *et al.* Int. Immunol. 1999;11:1935-1943

Varricchi *et al.* Front.Immunol. DOI:10.3389/fimmu.2017.00242



# Reslizumab for Inadequately Controlled Asthma With Elevated Blood Eosinophil Levels



Bjermer *et al.* CHEST 2016;150-789-798

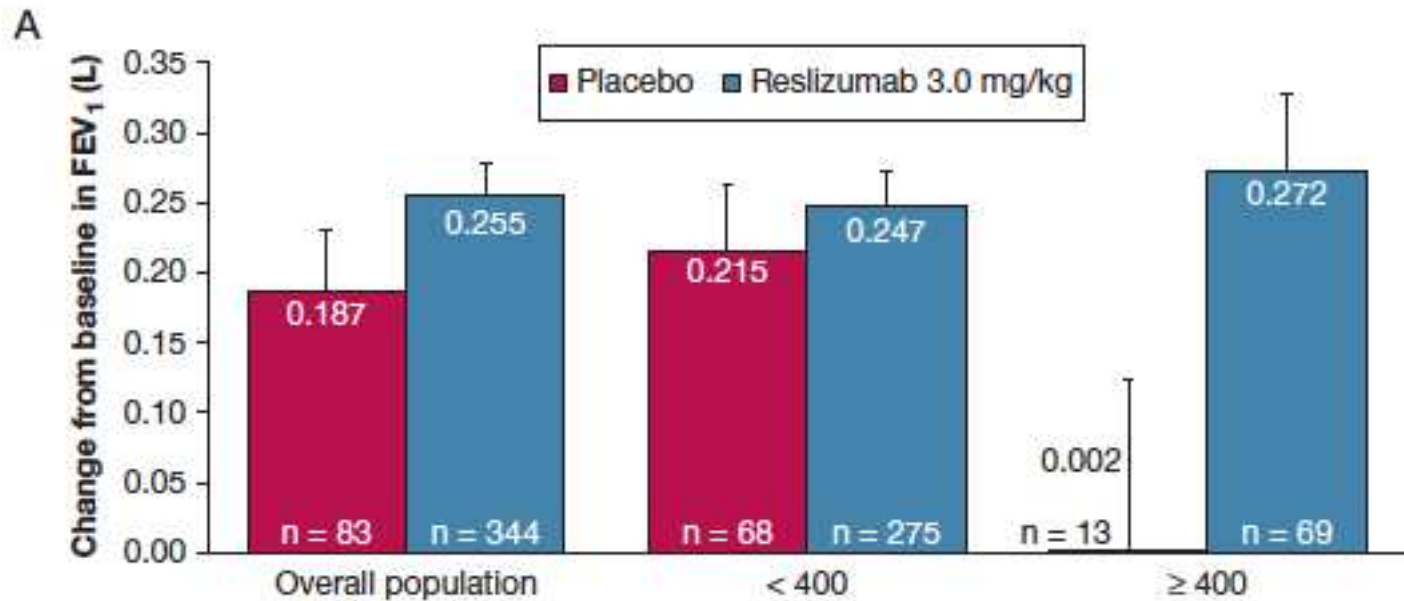


# Phase 3 Study of Reslizumab in Patients With Poorly Controlled Asthma

## Effects Across a Broad Range of Eosinophil Counts



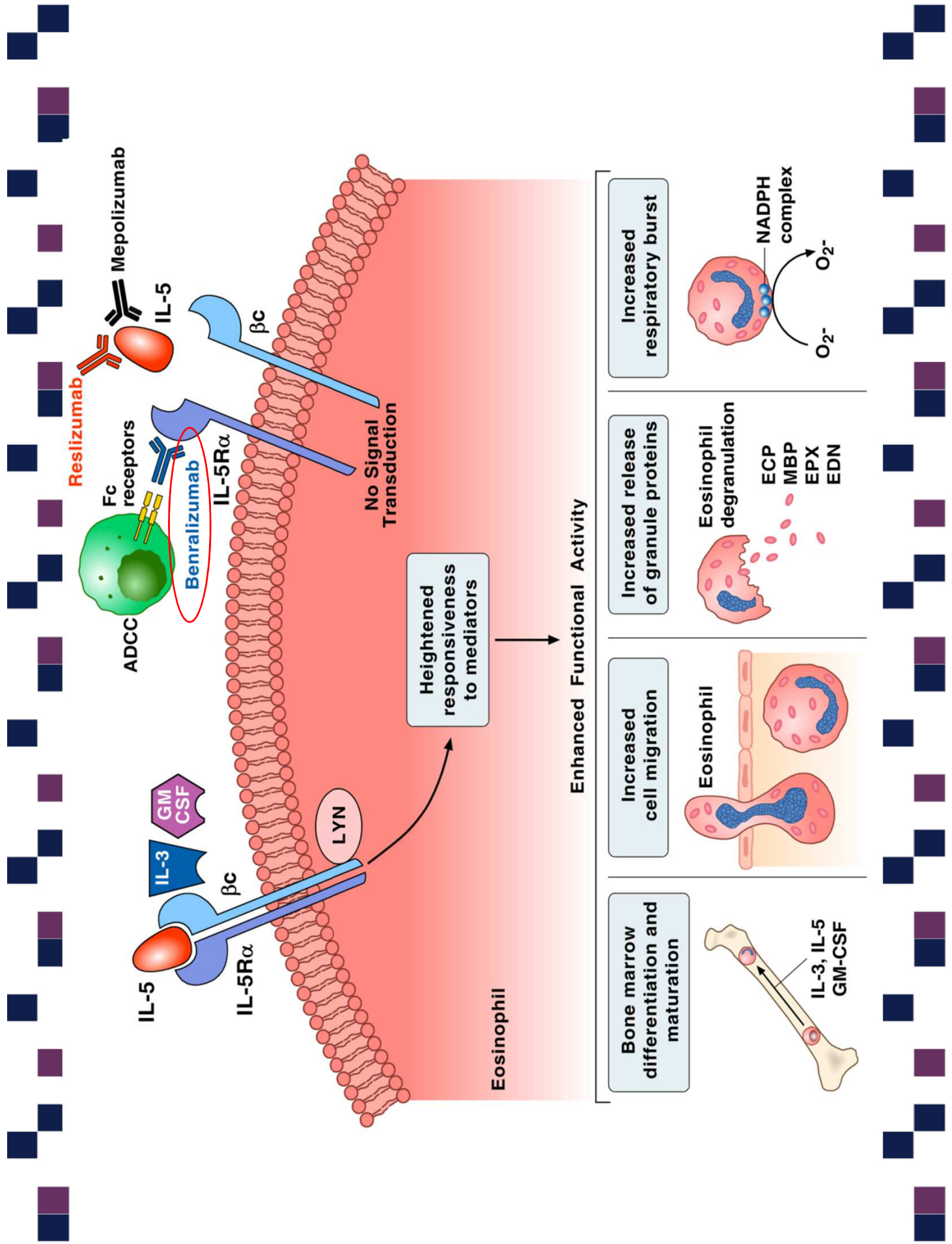
Jonathan Corren, MD; Steven Weinstein, MD; Lindsay Janka, MS; James Zangrilli, MD; and Margaret Garin, MD



Corren *et al.*, Chest 150: 799, 2016

\*Reslizumab 3 mg/kg i.v. every 4 weeks per 4 months was administered in adults with severe eosinophilic asthma: reslizumab improved lung functions (FEV<sub>1</sub>), and ACQ only in patients with ≥ 400 eosinophils/ $\mu$ L





## Benralizumab, an anti-IL-5R $\alpha$ monoclonal antibody, as add-on treatment for patients with severe, uncontrolled, eosinophilic asthma (CALIMA)

Blood eosinophils  
 $\geq 300$  cells/ $\mu$ L

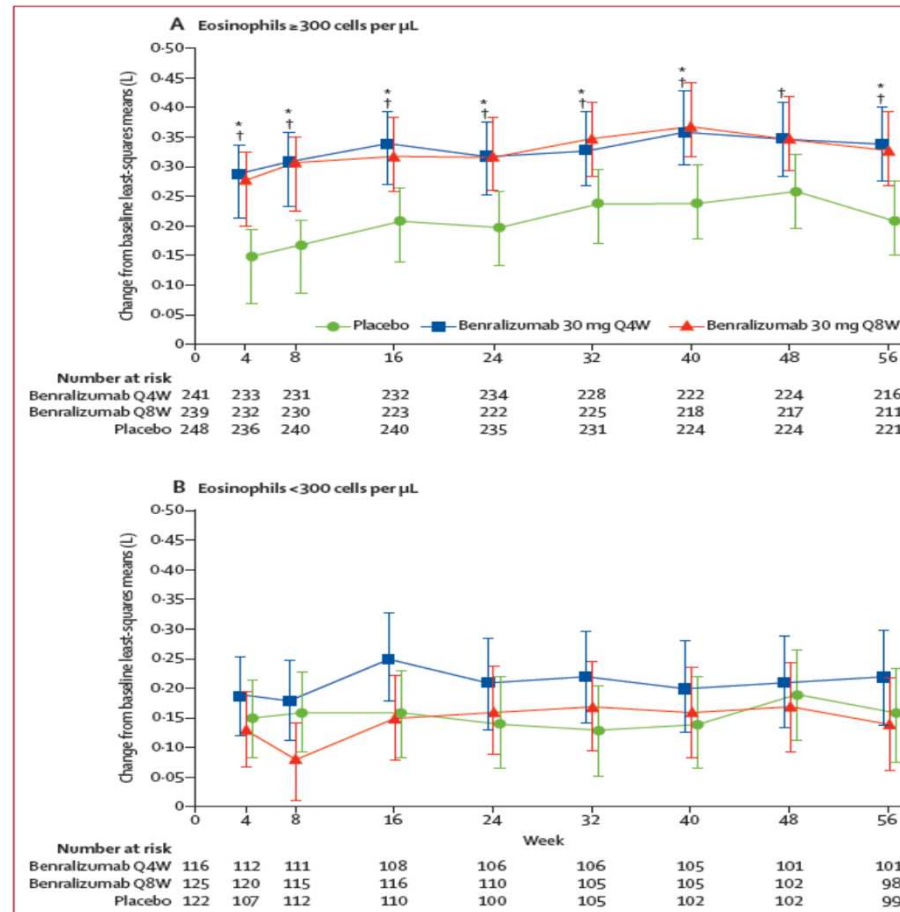


Figure 3: Change from baseline in pre-bronchodilator FEV<sub>1</sub> for patients receiving high-dosage ICS plus LABA with baseline blood eosinophils (A) 300 cells per  $\mu$ L or greater and (B) less than 300 cells per  $\mu$ L.

FitzGerald *et al.* Lancet 2016;388:2128-2141



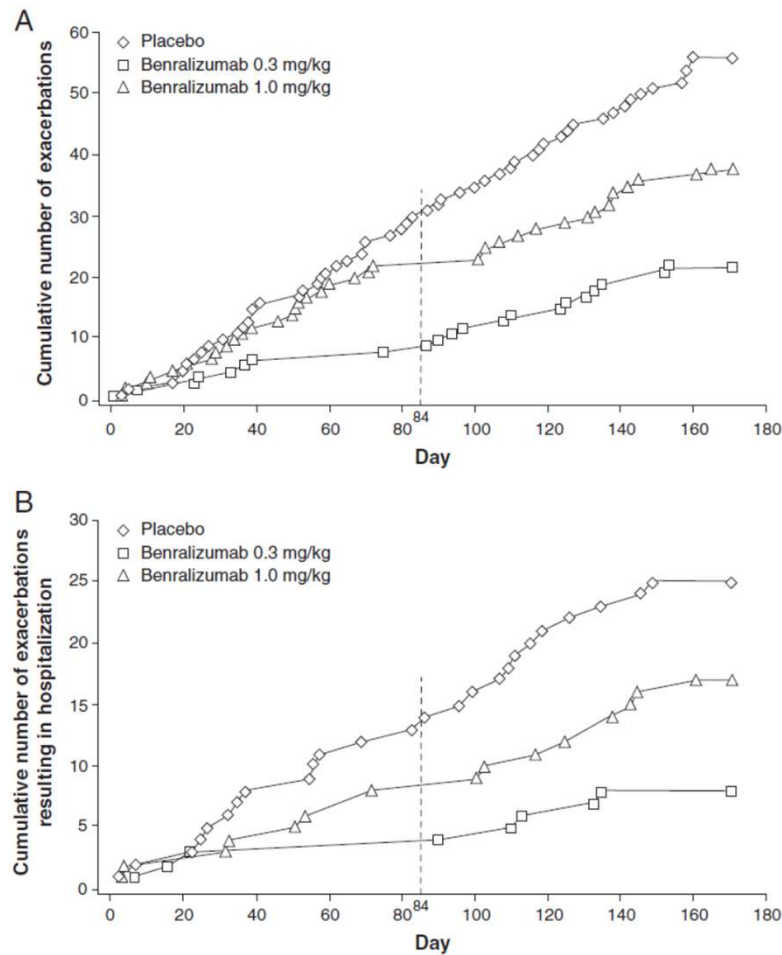
# Benralizumab

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- In a randomized, double-blind, parallel-group, placebo-controlled phase 3 study at 374 sites in 17 Countries (SIROCCO STUDY), benralizumab (30 mg s.c. every 4 or every 8 weeks per 12 months) was administered in adults with severe eosinophilic asthma: both regimens reduced asthma exacerbations, improved lung function and quality of life, particularly in patients with  $\geq 300$  eosinophils/ $\mu\text{L}$   
(Bleecker *et al.*, Lancet 388: 2115, 2016)
  - In a randomized, double-blind, parallel-group, placebo-controlled phase 3 study at 303 sites in 11 Countries (CALIMA), benralizumab (30 mg s.c. every 4 or every 8 weeks per 14 months) was administered in adults with severe eosinophilic asthma: both regimens reduced asthma exacerbations, improved lung function and quality of life, particularly in patients with  $\geq 300$  eosinophils/ $\mu\text{L}$   
(FitzGerald *et al.*, Lancet 388: 2128, 2016)
- 



# A Randomized Trial of Benralizumab an Anti-Interleukin 5 Receptor $\alpha$ Monoclonal Antibody after Acute Asthma



1 i.v. dose of Benralizumab reduced the rate and severity of exacerbations experienced over 12 weeks by subjects who presented to the ED with acute asthma

Novak *et al.* Am. J. Emerg. Med. 33: 14, 2015

## Anti-IL-5/IL-5R $\alpha$ in Adult Eosinophilic Asthma

<b>Author/year</b>	<b>MoAb</b>	<b>Administration</b>	<b>Blood Eosinophil Cut-off</b>
<b>Pavord/2012</b>	<b>Mepolizumab</b>	<b>i.v.</b>	<b><math>\geq 300 \mu\text{L}</math></b>
<b>Bel/2014</b>	<b>Mepolizumab</b>	<b>s.c.</b>	<b><math>\geq 150 \mu\text{L}</math> at screening</b>
			<b><math>\geq 300 \mu\text{L}</math> previous year</b>
<b>Ortega/2014</b>	<b>Mepolizumab</b>	<b>s.c.</b>	<b><math>\geq 150 \mu\text{L}</math> at screening</b>
			<b><math>\geq 300 \mu\text{L}</math> previous year</b>
<b>Castro/2015</b>	<b>Reslizumab</b>	<b>i.v.</b>	<b><math>\geq 400 \mu\text{L}</math></b>
<b>Bjermer/2016</b>	<b>Reslizumab</b>	<b>i.v.</b>	<b><math>\geq 400 \mu\text{L}</math></b>
<b>Corren/2016</b>	<b>Reslizumab</b>	<b>i.v.</b>	<b><math>\geq 400 \mu\text{L}</math></b>
<b>Bleecker/2016</b>	<b>Benralizumab</b>	<b>s.c.</b>	<b><math>\geq 300 \mu\text{L}</math></b>
<b>FitzGerald/2016</b>	<b>Benralizumab</b>	<b>s.c.</b>	<b><math>\geq 300 \mu\text{L}</math></b>



# Conclusions

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- Targeting IL-5 or IL-5R $\alpha$  appeared an interesting approach to the treatment of patients with severe eosinophilic asthma
- Mepolizumab, Reslizumab and Benralizumab have been found to be well-tolerated in adult patients with severe eosinophilic asthma for periods of 3 months to approximately 1 year
- The blood eosinophil count at screening appears to be closely associated with a clinical response to IL-5 pathway inhibition in adult patients with eosinophilic asthma
- Looking toward elevated blood eosinophil counts, as aiming for a high cut-off is most likely the best way we shall achieve success







# Unmet needs

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- **Identification of novel biomarkers, in addition to blood eosinophilia will allow a more selective identification of patients responsive to these treatments**
- **The possible role of other cytokines (e.g. IL-33, IL-3) in the control of eosinophil homeostasis and functions needs to be investigated**
- **The long-term safety of these agents in chronic respiratory disorders is an important issue and a major concern**





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**Prof. Giorgio Walter Canonica**

**Prof. Giovanni Passalacqua**  
**Dott. Diego Bagnasco**  
**Dott. Matteo Ferrando**





# Reslizumab

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- In a randomized, double-blind, parallel-group, placebo-controlled phase 3 study conducted at 68 sites, reslizumab (3 mg/kg i.v. every 4 weeks per 4 months) was administered in adults with severe eosinophilic asthma: reslizumab improved lung functions (FEV<sub>1</sub>, FVC), ACQ, and AQLQ ≥ 400 eosinophils/μL  
(Bjermer *et al.*, Chest 150: 789, 2016)
  - In a randomized, double-blind, parallel-group, placebo-controlled phase 3 study conducted at 66 US sites, reslizumab (3 mg/kg i.v. every 4 weeks per 4 months) was administered in adults with severe eosinophilic asthma: reslizumab improved lung functions (FEV<sub>1</sub>), and ACQ only in patients with ≥ 400 eosinophils/μL  
(Corren *et al.*, Chest 150: 799, 2016)
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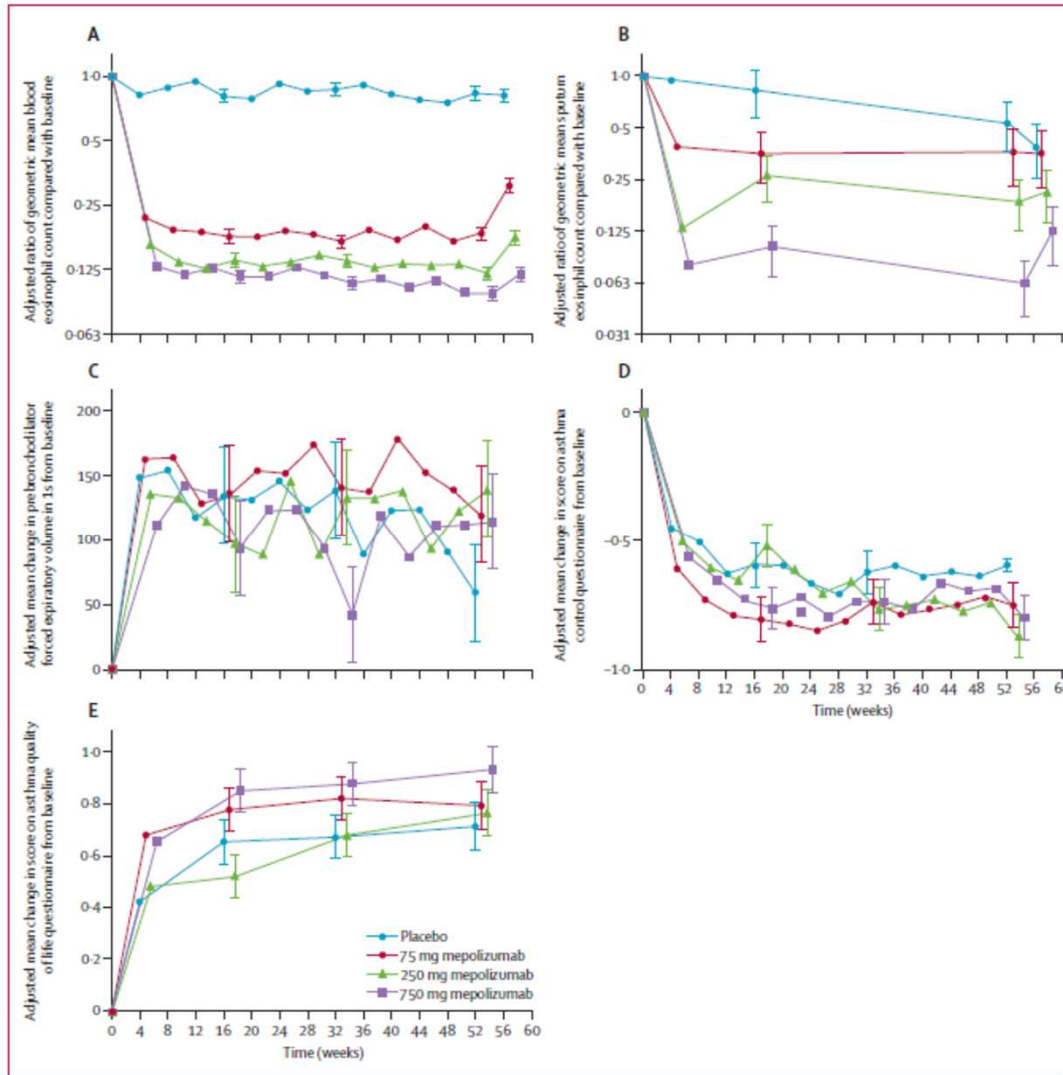




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- 1. An incorrect selection of patients with mild or moderate asthma without significant eosinophilia**
  - 2. The small cohorts of patients treated with mepolizumab**
  - 3. The i.v. administration of mepolizumab: there is evidence that s.c. administration of human polyclonal immunoglobulins (IgGs) provides more prolonged serum levels of IgGs compared with i.v. infusion (Spadaro *et al.*, Clin. Immunol. 2016)**



# Mepolizumab for Severe Eosinophilic Asthma (DREAM):



**DREAM STUDY**  
Mepolizumab (75 mg, 250 mg or 750 mg i.v. every 4 weeks for 13 mo) in 462 patients reduced blood and sputum eosinophilia.  
No changes in FEV<sub>1</sub> and QoL.

Pavord et al., Lancet 380: 651, 2012